

# Activity Schedule Pull-Out

January - March 2008



## Something for Everyone!



**Trips**



**Adults**



**Seniors**



**Volunteers**



**Check out what's inside!**

Parent's Night Out - page 19  
Echoes of Glory 5K Fun Run - page 22

County Western Swing - page 18  
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**Kids**





# *What's been going on?*



Stevensburg District Board of Supervisor member Bill Chase (center), Volunteer Tony Pitorri of Team Wachovia (right) and Parks and Recreation Staff member Tabitha Riley, along with other volunteers from Wachovia planted 16 trees at the Culpeper Sports Complex. The trees were donated by Culpeper Football Association as one of Piedmont United Way's 'Day of Caring' volunteer projects on October 3, 2007.

Football players are making the most of the great fields at the Culpeper Sports Complex.



All good things are worth the wait...

On September 18, 2007, the Laurel Valley Park Mountain Biking trails were officially opened. Left to right: Steve Nixon, West Fairfax District Board of Supervisor member, Tony Kennedy Volunteer, Laura Kennedy, President of



Culpeper Area Mountain Bikers Organization (CAMBO), and Sue Hansohn, Catapla District Board of Supervisor member, participate in the ribbon cutting. Laurel Valley Park mountain biking trails will be open for scheduled group rides. For details on when rides will be held, contact CAMBO at (540) 825-2105 or email [info@Cambomtb.org](mailto:info@Cambomtb.org)

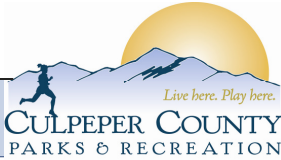
Volunteers from Culpeper Football Association help to run the electricity to operate the scoreboards on the football fields at the Culpeper Sports Complex.



Work on the long awaited 'Therapeutic Gardens' began in October 2007. Numerous volunteers have come together to make this innovative project a reality. The gardens should be in full color this spring, so be sure to make time to smell the flowers.







Winter Schedule

ARTS & CRAFTS

ONE STROKE PAINTING

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. This course will teach hummingbirds, fruit (apples, pears, plums) irises & tulips, lilies, and carnations. There will be a total of 6 classes. Painting will begin the first class. Both options teach the same techniques. **No Class 2/18.**  
*Instructor:* Linda Bradshaw, Certified Instructor  
*Location:* Culpeper Co. H.S. - Art Room  
*Registration Decision:* 1/22

Option	Ages	Day	Dates	Time	Fee
A	14-adult	M	1/28-3/10	6:30p-8:30p	\$47
B	14-adult	Tu	1/29-3/4	6:30p-8:30p	\$47

SAMPLER QUILT

It's time to get out of the house and spend some time making new friends and quilting. In this class everyone will make a couple of blocks to create a unique sampler quilt. Each person takes home a quilt. Must have your own sewing machine.  
*Instructor:* Joyce Calhoun  
*Location:* Floyd T. Binns M.S. - Room 101  
*Registration Decision:* 1/24

Ages	Day	Dates	Time	Fee
16-adult	W	1/30-3/19	6:00p-8:00p	\$40

CAKE DECORATING BASICS

This class will show the basics of cake decorating, from icing to borders to roses. Yep, even learn how to make roses. All supplies are included (icing, decorating bag, tips, and practice sheets). Class is limited to 4 participants.  
*Instructor:* Tabitha Riley  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 2/1

Ages	Day	Dates	Time	Fee
13-adult	Sa	2/9	1:00p-4:00p	\$35



CREATIVE ART

Time to get out and have some fun making lots of different projects. This class will provide an introduction to different art methods: glue, scissors, painting, markers, stamps, and more.  
*Instructor:* In Motion Staff  
*Location:* 128 W. Culpeper St, Suite 200  
*Registration Decision:* 2/17

Ages	Day	Dates	Time	Fee
3-5	W	1/23-3/19	12:30p-1:30p	\$75

Like to draw, paint, or craft? Why not share your talent and teach a class? The Parks and Recreation Department is always looking for new and exciting instructors. The Department is always very appreciative of volunteers but does also pay instructors. If you're interested, please contact Tabitha Riley at [triley@culpeperocunty.gov](mailto:triley@culpeperocunty.gov).

DANCE

LITTLE DIVAS

Bring your little one out to learn fun kids' dances all using dance pom-poms, which are provided. **No class 2/18**  
*Instructor:* In Motion Center - Miss Janna  
*Location:* 128 W. Culpeper St, Suite 200  
*Registration Decision:* 1/22

Ages	Day	Dates	Time	Fee
3-5	M	1/28-3/24	10:00a-10:30a	\$48

HOP & BOP

Students learn the basic positioning for dancing to fast-beat, fun kid songs. Students learn to follow directions and move to the beat of the music. They will learn and dance to familiar songs, such as the Chicken Dance and the Bunny Hop. **No Class 2/18**  
*Instructor:* In Motion Center - Miss Janna  
*Location:* 128 W. Culpeper St, Suite 200  
*Registration Decision:* 1/22

Ages	Day	Dates	Time	Fee
3-5	M	1/28-3/24	10:30a-11:00a	\$48

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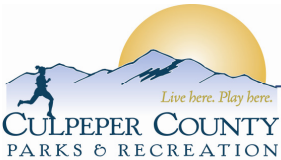
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[www.CulpeperCounty.gov/ParksNRec](http://www.CulpeperCounty.gov/ParksNRec)



Winter Schedule

CREATIVE MOVEMENT

Exploring movement through dance & play. Will include things like parachute play, spider crawl, rolling in a straight line & much more. **No class 2/18**

*Instructor:* In Motion Center - Miss Terri  
*Location:* 128 W. Culpeper St, Suite 200  
*Registration Decision:* 1/22

Ages	Day	Dates	Time	Fee
3-5	M	1/28-3/24	12:45p-1:15p	\$48



TWINKLE TOES

Preschool students will learn the beginning movements for ballet, including positions. **No class 2/18**

*Instructor:* In Motion Center - Miss Terri  
*Location:* 128 W. Culpeper St, Suite 200  
*Registration Decision:* 1/22

Ages	Day	Dates	Time	Fee
3-5	M	1/28-3/24	1:15p-1:45p	\$48

BALLROOM I

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Cha-cha, Rumba, and Fox Trot, along with others.

*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 1/17  
\*Fee \$40 Individual - \$72 Couple

Ages	Day	Dates	Time	Fee
16-adult	W	1/23-3/12	7:00p-8:00p	Above*



COUNTRY WESTERN SWING

Grab a partner and let's have some fun. This class will teach the classic Country and Western dances, like the two-step and country waltz. Don't wait. Sign up now!

*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 1/17  
\*Fee \$40 Individual - \$72 Couple

Ages	Day	Dates	Time	Fee
16-adult	W	1/23-3/12	8:00p-9:00p	Above*

SWING

Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or family member. It promises to be fun.

*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 1/17  
\*Fee \$40 Individual - \$72 Couple

Ages	Day	Dates	Time	Fee
16-adult	W	1/23-3/12	9:00p-10:00p	Above*

HEALTH & FITNESS

SEATED FITNESS

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.

*Instructor:* Sharon Steele  
*Location:* Culpeper County Library – Large Meeting Room  
*Registration Decision:* Session 1: 1/4  
Session 2: 2/1 Session 3: 2/29

Session	Ages	Day	Dates	Time	Fee
1	50+	W	1/9-1/30	2:00p-3:00p	\$14
2	50+	W	2/6-2/27	2:00p-3:00p	\$14
3	50+	W	3/5-3/26	2:00p-3:00p	\$14

FIT FOR LIFE

If you need some fun & movement in your life, then come on out and get Fit for Life! This class is full of fun, low-impact exercises and aerobic dance moves. The routine uses a chair (for some seated exercises), a face towel, and a set of light weights, which when combined gives you a great workout that is fun and hard to get anywhere else.

*Instructor:* Maggie Corradi  
*Location:* The Depot

Continued Next Column...

*Fit for Life Continued from Previous Column...*  
**Session 1:**

Option	Ages	Day	Dates	Time	Fee
A	25+	M	1/7-1/28	10:30a-11:30a	\$16
B	25+	Th	1/10-1/31	10:30a-11:30a	\$16
C	25+	M&Th	1/7-1/31	10:30a-11:30a	\$32

**Session 2:** *Registration Decision:* 1/31

Option	Ages	Day	Dates	Time	Fee
D	25+	M	2/4-2/25	10:30a-11:30a	\$16
E	25+	Th	2/7-2/28	10:30a-11:30a	\$16
F	25+	M&Th	2/4-2/28	10:30a-11:30a	\$32

**Session 3:** *Registration Decision:* 2/27

Option	Ages	Day	Dates	Time	Fee
G	25+	M	3/3-3/31	10:30a-11:30a	\$20
H	25+	Th	3/6-3/27	10:30a-11:30a	\$16
I	25+	M&Th	3/3-3/31	10:30a-11:30a	\$36

LEISURE LEARNING

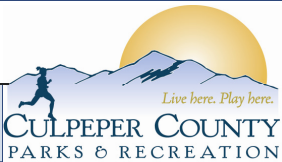
DIGITAL PHOTO

Now that you have that nice shiny new digital camera, do you know what all it can do? This class provides an in-depth look at the capabilities of a digital camera and its functions - just what you need to take your photography to a new level. If you have your own digital camera and/or laptop, feel free to bring it, although it is not a requirement. **No class 2/18**

*Instructor:* Brian Ashdown, photographer  
*Location:* Floyd T. Binns MS  
*Registration Decision:* 1/29

Ages	Day	Dates	Time	Fee
16-adult	M	2/4-3/17	6:30p-7:45p	\$55

Stay up-to-date on all Parks and Recreation offerings! Go online and sign up for our NEW monthly e-newsletter.



Winter Schedule



PARENTS NIGHT OUT

Parents, do you need a break. Want to have some quality adult time. Here's your solution. Leave the kids with us, you go have fun. Younger children must be potty trained.

**Option A:** Peter Pan Theme  
Will include pizza, drink & snack, along with movie & theme-appropriate craft.

*Registration Decision:* 2/15

**Option B:** Game Night Theme  
Will include dinner, dessert & drink stations. The night will be all about games, games and more games.

*Registration Decision:* 2/10

*Instructor:* In Motion Staff

*Location:* 128 W. Culpeper St, Suite 200

**Fee:** 1st child is \$38 per option. 2nd & 3rd children are an additional \$10 each. Must be from the same family address

Option	Ages	Day	Dates	Time	Fee
A	3-13	F	2/22	6:00p-10:00p	above
B	3-13	F	3/14	6:00p-10:00p	above



PRINCESS FOR AN AFTERNOON

Make items that a Princess would love to have. Then wear the items to a "tea". The tea will be juice & cookies on china.

*Instructor:* In Motion Staff

*Location:* 128 W. Culpeper St, Suite 200

*Registration Decision:* 2/25

Grades	Day	Dates	Time	Fee
K-3	F	2/29	4:00p-6:00p	\$75



GIRLY GIRL AFTERNOON

It's time to spend some time just being a girl and having fun. 'Cause girls just wanna have fun, Right! Have a girly afternoon with your friends. Make girly crafts to wear,. Do our nails & put on a fashion show for one another.

*Instructor:* In Motion Staff

*Location:* 128 W. Culpeper St, Suite 200

*Registration Decision:* 3/17

Grades	Day	Dates	Time	Fee
K-3	F	3/21	4:00p-6:00p	\$75



HANDY MAN FOR AN AFTERNOON

It's time for a boys afternoon out. Build & decorate your own bird house. Learn techniques & proper tool etiquette.

*Instructor:* In Motion Staff

*Location:* 128 W. Culpeper St, Suite 200

*Registration Decision:* 2/4

Grades	Day	Dates	Time	Fee
K-3	F	2/8	4:00p-6:00p	\$75



NOTHING BUT BOYS FOR AN AFTERNOON

Bring your game on! Come with your ideas, as we come up with a new sports game, rules & the techniques.

*Instructor:* In Motion Staff

*Location:* 128 W. Culpeper St, Suite 200

*Registration Decision:* 3/3

Grades	Day	Dates	Time	Fee
K-5	F	3/7	4:00p-6:00p	\$75

PAWS, HOOFS, FEATHERS & FINS

K.I.S.M.I.F. DOG OBEDIENCE

Keep it Simple, Make it Fun

First class is an orientation for owners only. Please bring a copy of Fido's current immunization record to the first class, but please leave Fido at home.

PUPPY KINDERGARTEN

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 1/16

*Ages:* Puppies 3-5 months; Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
Above	Tu	1/22-3/11	6:00p-7:00p	\$90

BEGINNING MANNERS I

Isn't that new puppy or dog just absolutely adorable? But how about its behavior? Does your puppy/dog need to learn some manners?

If so, then here's the solution; bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they're 4 months or 4 years, can attend.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 1/16

*Ages:* Dogs 4 months & up - Humans 10 & up (under 16 w/ adult)

Option	Ages	Day	Dates	Time	Fee
A	above	Tu	1/22-3/11	10:00a-11:00a	\$90
B	above	Tu	1/22-3/11	7:00p-8:00p	\$90

BEGINNING MANNERS II

*Prerequisite:* Must have taken the Puppy Kindergarten, Beginning Manners, other dog obedience class, or placement by instructor.

Now that your wonderful bundle of fur knows the basics of obedience: sit, stay, and come; it's time to work on encouraging him to listen to your commands every time. Keep building the bond between you and your dog by helping him/her be the best companion he/she can be.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 1/18

*Ages:* Dogs 4 months & up - Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
above	Th	1/24-3/13	6:00p-7:00p	\$90

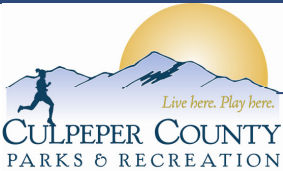
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DOG OBEDIENCE DISCOUNTS

- \* Seniors - 55 & up - 10% discount
- \* 2nd dog in same family—10% discount
- \* Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract
- \* Only one discount per dog per family.







Winter Schedule

CANINE GOOD CITIZEN / INTRO TO PET THERAPY

Prerequisite: Must have taken the Beginning Manners I or II, other dog obedience class, or placement by instructor.



This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification. Additionally, training will enhance the bond between you and your best friend.

Instructor: Betty Ann Howell  
Location: Community Room, 303 N. Main  
Registration Decision: 1/16  
Ages: Dogs 6 months & up; Humans 10 & up (under 16 w/ adult)

Option	Ages	Day	Dates	Time	Fee
A	above	Tu	1/22-3/11	11:00a-12:00n	\$90
B	above	Th	1/24-3/13	7:00p-8:00p	\$90

PRESCHOOL

KIDS CLUB

Tracy Wormack will be taking this winter off, but will be back in the spring. Look for her energetic classes available in the Spring Issue on March 7.

BEGINNING TUMBLING

Bring your little boys and girls out to learn the proper ways to tumble, through organized play. Adult participation is required. Child must meet age requirement by 2/15. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson  
Location: Community Room, 303 N. Main  
Registration Decision: 1/28

Option	Ages	Day	Dates	Time	Fee
A	2-3.5	F	2/1-3/7	9:30a-10:15a	\$30
B	2-3.5	F	2/1-3/7	10:30a-11:15a	\$30
C	3.5-5	F	2/1-3/7	11:30a-12:15p	\$30

ROCK & ROLL

Tumbling and dancing, together at last. Bring your little one out for this high-energy class where they will learn the proper way to tumble, as well as getting to do some creative dancing. Adult participation is required. Child must meet age requirement by 2/15. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson  
Location: Community Room, 303 N. Main  
Registration Decision: 1/24

Option	Ages	Day	Dates	Time	Fee
A	2-3.5	W	1/30-3/5	9:30a-10:15a	\$30
B	2-3.5	W	1/30-3/5	10:30a-11:15a	\$30
C	3.5-5	W	1/30-3/5	11:30a-12:15p	\$30



PRESCHOOL BASICS

Colors, Shapes, ABC's, 123's, all through play, crafts & stories  
Instructor: In Motion Staff  
Location: 128 W. Culpeper St, Suite 200  
Registration Decision: 1/17

Ages	Day	Dates	Time	Fee
3-5	W	1/23-3/19	9:30a-11:30a	\$90



MOM'S MORNING OUT

Each Friday a different theme through story, craft and more. Please have your child bring a bottle of water, bag lunch & change of clothes. Please remember allergies.

Instructor: In Motion Staff  
Location: 128 W. Culpeper St, Suite 200  
Registration Decision: 1/17

Ages	Day	Dates	Time	Fee
3-5	F	1/25-3/28	9:30a-1:00p	\$110

Additional Pre-school classes are available in the Arts & Crafts, Dance, and Leisure Learning Sections.

BABY SIGNS ®

Designed for parents and healthy, hearing children ages 6 months to 3 years, this play class, highlights signs that are most important in the lives of babies. Fee includes a take home kit. Siblings must meet age requirements and be registered in the class to attend.

Instructor: Susan Peed, Certified Instructor  
Location: Community Room, 303 N. Main  
Registration Decision: 1/17

Ages	Day	Dates	Time	Fee
6m-3y	Th	1/24-2/28	9:30a-10:30a	\$125

RHYTHM & STRINGS

BEGINNING GUITAR

This 7-week class will teach you the basic strumming techniques and chords to get you started playing. Must have your own guitar.

Instructor: Darcy Cantton  
Location: Floyd T. Binns M.S.  
Registration Decision: 1/30



Ages	Day	Dates	Time	Fee
11-adult	Tu	2/5-3/18	6:30p-8:30p	\$50

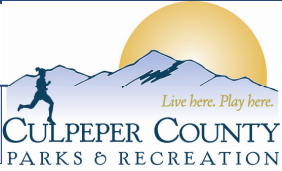
INTERMEDIATE GUITAR

This 6-week class is designed to advance the student to the next level of playing using basic fingering and strumming techniques. The student will also have the opportunity to practice applied voice (if desired), along with playing the instrument in an informal supportive setting. Must have your own guitar

Instructor: Thom Shotwell  
Location: Floyd T. Binns M.S.  
Registration Decision: 1/31

Ages	Day	Dates	Time	Fee
11-adult	W	2/6-3/12	6:00p-8:00p	\$50

(Continued on page 21)



Winter Schedule

SENIORS

SILVER CITIZEN CLUB:

“We turn not older with years, but newer every day.”  
~Emily Dickinson~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation’s largest and most entertaining program.

Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper’s seniors the program provides an environment where lasting friendships are created.

Don’t expect the Silver Club to stay put every week. The club usually takes a trip every two months. Check out the ***Trips*** section on page 23 to see upcoming trips.

The Silver Club also stays informed of local happenings through its speaker program. Over the past year the group has listened to presentations from community organizations, police, businesses, county officials, entertainers, historians, authors, storytellers and other notable members of the community.

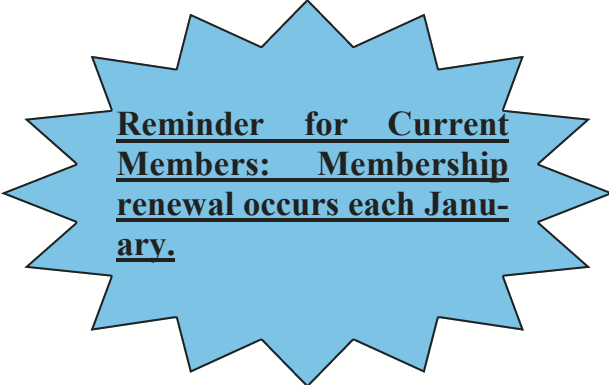
The Silver Club strives to benefit its members and the community-at-large. Now is the time to recycle your expertise and life experience and share it with others.

**Interested in becoming a Silver Club Member?**

The Club meets every Wednesday from 10am – 2pm

Location: Culpeper County Library Meeting Room  
Fee: \$5 per year. Ages 55 and up (Must be a Culpeper Resident)

Special Note: At the Wednesday meetings members bring a covered dish to share for lunch. We look forward to seeing you!



SENIOR CRAFTS

Enjoy the company of fellow active seniors and create a wide array of crafts. This is an ongoing Silver Club activity held once a month after lunch.

Instructor: Frances Wood  
Location: Culpeper Co. Library - Large Meeting Room  
**Fee:** \$1.00 Silver Club Member /month  
\$2.00 non-Silver Club Member/month

Ages	Day	Dates	Time	Fee
50+	W	3rd Wed of month	1:00p-2:00p	above

SENIOR WRITING CLUB

Everyone has a story to tell. Learn to put your stories into words and enjoy fun-filled writing exercises with fun-loving seniors. Don’t worry about experience. We’ll help you every step of the way.

Instructor: Marshall Conner, 727-3412 Ext. 6  
Location: Culpeper Co. Library - Large Meeting Room

Ages	Day	Dates	Time	Fee
50+	W	2nd & 4th Wed. of month	1:00p-2:00p	\$1

SPECIAL EVENTS

SILVER SCREEN CLUB



Would you like to enjoy classic films this fall and discuss it in a social atmosphere? Join us for a Friday afternoon movie at the George Washington Carver-Piedmont Technical Education Center located six miles out of the Town of Culpeper on Route 15 South towards Orange. Films are selected from American Film Institute's Top 100 Films List and for artistic merit. Most films are pre-1970s and tend to be from the 1930s to 1960s. Everyone is welcome to attend!

For specific titles to be shown contact Marshall Conner at [mconner@culpepercounty.gov](mailto:mconner@culpepercounty.gov) or at 540-727-3412 ext 6.

**Dates:** Jan. 4, 18; Feb 1, 8  
**Times:** 1:00 pm to approximately 3:30 pm (depending on film).  
Location: GWC Piedmont Tech, 9432 James Madison Hwy, Rapidan  
**ADMISSION IS FREE!**

SPORTS

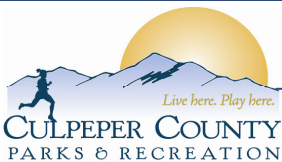
YOUTH BOYS SOCCER

Open to all boys ages 11-12, this clinic will focus on enhancing skills in kicking, throwing, and blocking. Endurance skills and small-sided soccer games will be done each week.

Volunteer Instructor: William Miller  
Location: Culpeper M.S. gym  
Registration Decision: 1/9

Ages	Day	Dates	Time	Fee
11-12	Su	1/13-2/17	4:00p-5:30p	\$30





Winter Schedule

Echoes of Glory 5K - April 19, 2008

Fee by April 11: \$20      Fee April 12 to day of race: \$25      Register online at Active.com

Celebrating Culpeper’s Remembrance Days, this 5K fun run is a great way to get out and enjoy some quality personal or family time. The course is on a paved road with gently rolling hills thru the beautiful historic countryside. Male & female over-all race winners and 1<sup>st</sup> – 3<sup>rd</sup> place group winners will receive awards in the following age categories: 14 & under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+. Walkers are welcome to participate, but there will not be a separate category. Participants that pre-register are guaranteed an event T-shirt. Refreshments will be available before and after the race. Packet pickup available at The Depot, 111S. Commerce St Culpeper Friday 4/18 from 5-7p or at the race from 7:45a-8:45a. After the race, enjoy visiting the numerous events going on as part of Culpeper’s Remembrance Days Celebration. For details on the Remembrance Days events visit [www.visitculpeperva.com](http://www.visitculpeperva.com) and select the events calendar. To register for the race please use race registration form or register online at Active.com.

Race Coordinator: Tabitha Riley  
Location: Brandy Station Fair Grounds, 20057 Fleetwood Heights Road, Brandy Station, VA 22714

Race at 9:00am      Registration 7:45a-8:45a

Last Name	First Name	M.I.	Birth Date
Address			
City	State	Zip	
Day Phone		Evening Phone	Email (confirmations will only be done by email)

Please check the appropriate box for your Gender & Age category at the time of the race:

☐Male      ☐Female  
☐14&Under    ☐15-19    ☐20-29    ☐30-39    ☐40-49    ☐50-59    ☐60-69    ☐70+

Please indicate t-shirt size:    ☐S      ☐M      ☐L      ☐XL  
(Registrations must be received April 11 in order to be guaranteed a t-shirt)

**Assumption of Risk and Release:** In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

**Media Release:** I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Participant Signature	Parent Signature (if participant 17 or younger)	Date
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HIGH SCHOOL GIRLS INDOOR SOCCER

Get ready for spring soccer and get back into shape with this 6-week clinic. Open to all girls grades 9<sup>th</sup>-12<sup>th</sup>, come and enjoy the speed and excitement of indoor soccer this winter. Keep your skills sharp without having to play in the cold, and get pointers and tips from volunteer coach Erick Kalenga.

Volunteer Instructor: Erick Kalenga  
Location: Culpeper M.S. gym  
Registration Decision: 1/9

Grades	Day	Dates	Time	Fee
9th-12th	Su	1/13-2/17	6:00p-7:30p	\$30



SHOTOKAN

This class will teach the basics of Shotokan Karate (Sho-to-kan). Techniques are characterized by deep, long stances that provide stability, enable powerful movements, and strengthen the legs.

Instructor: Master Lester Bromell & Sensei Derek Brown  
Location: AG Richardson Elem.  
Registration Decision: 2/1

Ages	Day	Dates	Time	Fee
10-adult	Th	2/7-3/13	7:00p-9:00p	\$40



INTRO TO CHEERLEADING

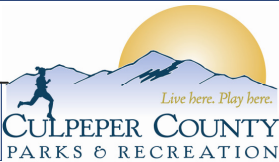
Curious about what it takes today to become a cheerleader? Then come on out to this 8-week class where basics of cheer, dance, stunts, and tumbling will be taught. These basics will help you to develop the skills necessary to become a cheerleader and allow you to have fun in the process.

Instructor: Coaches from Culpeper Blue Angels All-star Cheer and Dance  
Location: 19055 Industrial Drive - Inside the Culpeper Sports & Racquet Club off of Lovers Lane  
Registration Decision: 1/17

Option	Ages	Day	Dates	Time	Fee
A	3-5	W	1/23-3/12	6:30p-7:30p	\$80
B	6-11	W	1/23-3/12	6:30p-7:30p	\$80

(Continued on page 23)





Winter Schedule

VOLLEYBALL

Come on out and join this group for some fun pickup games of volleyball. Some playing experience is beneficial, but you don't have to be a pro. This is a great way to get some exercise and meet some new friends. **Pre-registration is required. No games 3/23;** 4/6-5/4 time changes to 6:30p-9:30p  
*Volunteer Coordinator:* Theresa Gore  
*Location:* Culpeper Co. H.S. gym  
*Registration Deadline:* 1/10

Ages	Day	Dates	Time	Fee
16-adult	Su	1/13-5/4	7:00p-9:00p	\$80

30+ CO-ED SOCCER

Calling all soccer players 30 years old and up. Just because it's cold outside doesn't give you an excuse to let your soccer skills get rusty. Sign up to play indoor soccer until it's time to go back outside. Must meet age requirements by 2/1/08. **No games 3/23**  
*Volunteer Coordinator:* David Stackhouse  
*Location:* Culpeper Co. H.S. gym  
*Registration Decision:* 1/10

Ages	Day	Dates	Time	Fee
30+	Su	1/13-3/30	5:30p-7:00p	\$40

TRIPS

Due to space constraints, full descriptions were not able to be included. For more details on the trips listed below, please visit our website at [www.culpepercounty.gov/parksnrec](http://www.culpepercounty.gov/parksnrec).

Information for All Trips:

*Pick up Location:* Culpeper Sports Complex, Greens Corner Rd & Jonas Rd  
  
All ages welcome. Anyone under 18 must be accompanied by an adult.

WHALE WATCHING

Please call 727-3412 ext 4 to see if space is still available for this trip scheduled for Jan. 26.

HARLEM GLOBETROTTERS

Enjoy the legendary Harlem Globtrotters at the Patriot Center  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 2/28  
*Sat, 3/15; 5:45p-11:30p, \$55 all ages*

RINGLING BROS. CIRCUS

Come see the greatest show on earth this April. As of printing deadline, the specific date and price for this trip were not known. Please check out the website for details.  
*Trip Coordinator:* Tabitha Riley

MADAME TUSSAUDS

The famous Wax Museum has opened up in Washington, D.C. As of printing deadline, the specific date and price for this trip were not known. Please check out the website for details.  
*Trip Coordinator:* Tabitha Riley

POTOMAC EAGLE

The historic Potomac Eagle Scenic Railroad is one of America's most beautiful train rides. Pack your own lunch or include \$10.00 per person, with your registration, for a box lunch. (Please write on registration form that you want the box lunch)  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 4/25  
*Sat, 5/24; 7:30a-6:30p*  
*Fee: under 5 - \$48; 6-16 - \$58; 17-adult \$73*

BALTIMORE INNER HARBOR

Registration fee includes bus travel and admission to the Baltimore Aquarium and the Dolphin Show; lunch is on your own.  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 6/5  
*Sat, 6/21; 7:00a-5:30p*  
*Fee: under 3 - \$37; 3-18 - \$51; 19+ - \$60*

SIX FLAGS AMERICA

Enjoy Six Flags without having to drive. Fee includes bus and admission.  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 7/10  
*Sat, 7/26; 8:00a-8:00p; Fee: TBA*

BUSCH GARDENS

Enjoy Busch Gardens in Williamsburg without having to drive. Fee includes bus and admission.  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 7/31  
*Sat, 8/16; 6:30a-8:30p; \$73 all ages*

NASCAR

Enjoy a trip to Richmond International Raceway for the Nextel Cup race. Registration fee includes a lot of extras. Registration fee is payable in 3 payments of \$87. Final Payment is due by 6/30.  
*Trip Coordinator:* Tabitha Riley  
*Sat, 9/6; 11:15a-1:15p; \$261 all ages*

NATIONAL ZOO

Join us as we travel up to the Smithsonian National Zoo. And the best part of this trip - we do the driving into DC!  
*Trip Coordinator:* Tabitha Riley  
*Registration Deadline:* 9/25  
*Sat, 10/11; 8:00a-5:30p, \$35*

MORE TRIPS

At the time of print, dates and prices for the below trips were not available. For more details on the trips listed below, contact Marshall Conner at 540-727-3412 extension 6 or [mconner@culpepercounty.gov](mailto:mconner@culpepercounty.gov).

- Riverside Dinner Theater
- Air & Space Museum
- National Museum of Marine Corps
- Fredericksburg Paddle Boat Cruise
- Prince William Nationals Game
- Native American Museum in Washington, D.C
- Historic Chatham/Gari Melchers House
- VA Scottish Games Festival
- World War II, Vietnam, and Korea Memorials in Washington, D.C.

Culpeper County Parks & Recreation Registration Form

Program Name: \_\_\_\_\_ Dates: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Session: \_\_\_\_\_ Option: \_\_\_\_\_ Day(s): M Tu W Th F Sa Su

Participant Name: \_\_\_\_\_ ☐M ☐F Age/Grade: \_\_\_\_/\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mailing Address: \_\_\_\_\_ City / Zip: \_\_\_\_\_/\_\_\_\_\_

OFFICE USE ONLY	
Amount Paid _____	Cash _____
Balance Due _____	Check _____
Date Paid _____	Other _____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

\_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_@\_\_\_\_\_ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

**Media Release:** ☐YES ☐NO **INITIAL** \_\_\_\_\_ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

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Participant Signature (7yrs & older) \_\_\_\_\_ Parent / Guardian Signature (if participant 17 or younger) \_\_\_\_\_ Date \_\_\_\_\_

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: [www.culpepercounty.gov](http://www.culpepercounty.gov)

Please only one program per form. Photocopies of form are acceptable.

Culpeper County Parks & Recreation Registration Form

Program Name: \_\_\_\_\_ Dates: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Session: \_\_\_\_\_ Option: \_\_\_\_\_ Day(s): M Tu W Th F Sa Su

Participant Name: \_\_\_\_\_ ☐M ☐F Age/Grade: \_\_\_\_/\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mailing Address: \_\_\_\_\_ City / Zip: \_\_\_\_\_/\_\_\_\_\_

OFFICE USE ONLY	
Amount Paid _____	Cash _____
Balance Due _____	Check _____
Date Paid _____	Other _____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

\_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_@\_\_\_\_\_ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

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Participant Signature (7yrs & older) \_\_\_\_\_ Parent / Guardian Signature (if participant 17 or younger) \_\_\_\_\_ Date \_\_\_\_\_

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: [www.culpepercounty.gov](http://www.culpepercounty.gov)



2 EASY WAYS TO REGISTER!



**Walk-In**

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



**By Mail**

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Please include a self-addressed, stamped envelope, if **you require** registration confirmation.

Registration Information

- Registrations:**
- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order payable to Culpeper County Parks and Recreation.
  - Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.
  - The Department is unable to accept telephone registrations at this time.

- Registration Decision:**
- The registration decision date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held. So for everyone’s benefit, please have your registration in before the decision date.

- Refunds:**
- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
  - If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
  - Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

- Cancellation Policies:**
- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
  - The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
  - Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit [www.cancellations.com](http://www.cancellations.com), or call our office at 540-727-3412 and select option 1.

- Adjustments**
- Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

ADDRESSES FOR FACILITIES USED

Facility	Address		City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
The Depot	113 South Commerce Street		Culpeper
Emerald Hill Elem.	11245 Rixeyville Road		Culpeper
Floyd T. Binns M.S.	205 East Grandview Avenue		Culpeper
GW Carver Piedmont Tech	9432 James Madison Highway	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

Contact Parks and Recreation at 540-727-3412 [www.culpepercounty.gov/ParksNRec](http://www.culpepercounty.gov/ParksNRec)



## CULPEPER RECREATION FOUNDATION

### CULPEPER RECREATION FOUNDATION, INC

While the Sports Complex has been a success – all the facilities necessary to service the community are still not available. One important missing link is the 2 restroom/concession buildings! Come together and make this a true community park. The Culpeper Recreation Foundation, Inc. is a 501(c) 3 non-profit corporation. That means that your financial contribution is TAX-DEDUCTIBLE. Please use the form below and show what the Culpeper community can do to help support its youth!

#### CULPEPER RECREATION FOUNDATION, INC. DONATION

The enclosed amount of \$\_\_\_\_\_ is my contribution to help construct the two restroom/concession buildings at the Culpeper Sports Complex.

Name: \_\_\_\_\_

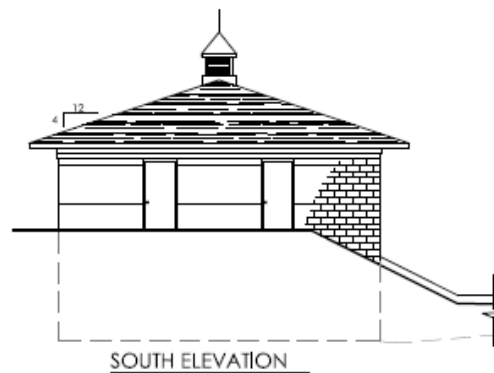
Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

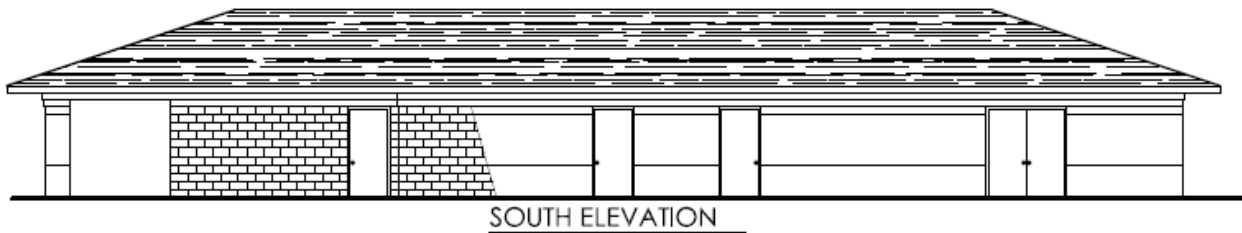
Phone: \_\_\_\_\_

Please make checks payable to: Culpeper Recreation Foundation, Inc.  
P.O. Box 36, Culpeper VA 22701



Baseball restrooms/concession building

Football/Soccer restrooms/concession building



#### YOUTH SPORTS LEAGUES

Are not operated by the Parks and Recreation Department. Visit our website for a list of contacts or call 540-727-3412 and select option 3.

155 West Davis Street,  
Suite 100  
Culpeper, Virginia 22701

Phone: (540) 727-3412  
Fax: (540) 727-2802

[www.culpepercounty.gov/ParksNRec](http://www.culpepercounty.gov/ParksNRec)